

## Key Stage 3 Curriculum – Year 9 Physical Education

<b>Term 1</b>	<b>Boys</b> Rugby Badminton Health related fitness	<b>Girls</b> Hockey Netball Trampolining
<b>Term 2</b>	<b>Boys</b> Basketball Football Trampolining	<b>Girls</b> Dance Football Health related fitness
<b>Term 3</b>	<b>Boys</b> Athletics Cricket	<b>Girls</b> Athletics Badminton Rounders
<b>Recommended Resources:</b>		
<ul style="list-style-type: none"> <li>• Full appropriate physical education kit for each lesson</li> <li>• If a student is unable to participate in the lesson we still have the expectation that they change and assist the member of staff</li> <li>• To view <a href="http://www.bbc/sport.com">www.bbc/sport.com</a> which will support the students learning and understanding</li> </ul>		
<b>How you can help:</b>		
<ol style="list-style-type: none"> <li>1 Kit fully labelled and in school for lessons.</li> <li>2 Encourage your child to attend extra-curricular activities.</li> <li>3 Improve your child’s fitness by encouraging regular exercise outside of school.</li> </ol>		