

Key Stage 3 Curriculum – Year 8 Physical Education

	Boys	Girls
Term 1	Rugby Badminton Health related fitness	Hockey Netball Gymnastics
Term 2	Basketball Football Gymnastics	Dance Football Health related fitness
Term 3	Athletics Cricket	Athletics Badminton Rounders
<p>Recommended Resources:</p> <ul style="list-style-type: none"> • Full appropriate physical education kit for each lesson • If a student is unable to participate in the lesson we still have the expectation that they change and assist the member of staff • To view www.bbc/sport.com which will support the students learning and understanding 		
<p>How you can help:</p> <ul style="list-style-type: none"> • Kit fully labelled and in school for lessons • Encourage your child to attend extra-curricular activities • Improve your child’s fitness by encouraging regular exercise outside of school 		